



## Mamatoto Village, Inc POSITION DESCRIPTION

<b>Position Title:</b>	<b>Mental Health Therapist</b>
<b>Reports To:</b>	Executive Director
<b>Customary Work Hours:</b>	Full-Time-Exempt
<b>Salary:</b>	\$60,000 per year

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**SUMMARY:** The Mother's Rising (MR) Home Visitation program delivers enhanced preventative health, perinatal support services, and care coordination to medically underserved women. The overall program goal is to decrease perinatal morbidities and mortality, which increasing health equity in targeted service areas. The program aims to 1) Build resilience, enhance the woman's power, and reduce stress; 2) Promote the adoption of healthy lifestyles that promote community transformation; 3) Promote healthy relationships, enhance bonding and parenting skills; 4) Connect expectant people and new parents with an array of medical, social, and behavioral health services; 5) Strengthen communities through supportive environment for childrearing and family wellness; 6) Mobilizing the community towards supporting the MR program and improving perinatal outcomes for Black mamas.

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**POSITION OVERVIEW:** The Mental Health Therapist provides direct care to Mothers Rising clients including the following core services: diagnostic assessment, strength-based psychotherapy, facilitating Mama Mingles support groups, brief interventions, consultation and collaboration with psychiatric providers for complex cases, and psychoeducation as needed.

### **ESSENTIAL DUTIES AND RESPONSIBILITIES**

*To perform this job successfully, an individual must be able to perform each essential duty and responsibility satisfactorily. Reasonable accommodations may be made to enable individuals with disabilities to perform essential functions. Other duties may need to be assigned to meet organizational needs.*

- Complete a comprehensive diagnostic assessment on all clients referred within the Mothers Rising program
- Complete treatment plan and authorizations for services as required by individual insurance payers;

- Provide individual and family therapy to assist clients in their insight development , resolution of presenting perinatal mood and anxiety disorders, and achievement of personal goals identified in the treatment planning process;
- Engage families and significant others as needed to support treatment goals;
- Apply crisis management skills when necessary to stabilize clients;
- Regularly visit clients in their homes or the Mamatoto offices providing mental health counseling
- Identify higher acuity mental health needs and consult with the appropriate psychiatric providers
- Collaborate with Program Coordinator and Care Managers regarding any areas of concern or needs for referral for more intensive mental health support.
- Facilitate Mama Mingles support group and parenting classes
- Participate in weekly case reviews of clients
- (Licensed staff only) Provide clinical supervision to LGPC, LGSW, LGMFT level clinicians and interns, as needed;

### **Program and Professional Growth**

- Identifies and participates in professional development and committees that can further enhance professional growth
- Shares experience and insight with the team, seeks input from others, and utilizes any information learned in daily work practices.
- Raises concerns and questions in a manner that promotes discussion for solutions

### **Documentation and Productivity**

- Maintain client records that are accurate, comprehensive, and adhere to MV documentation policies and billing timelines;
- Meet weekly productivity standards as set by Director;
- Tracks all home visits, office visits, phone calls, text messages, emails or referrals to other service providers/agencies in MV client information system.

### **SKILLS AND REQUIREMENTS TO FOSTER SUCCESS**

- This position requires a master's degree in Family Therapy, Social Work, Counseling Psychology or related field and a license (LGPC, LGSW, LPC, LICSW) in the District of Columbia and Maryland
- Minimum of 3 years of current clinical experience in maternal mental health
- Demonstrated knowledge and clinical competence in perinatal mental health and family systems theories
- Knowledge of appropriate assessment and diagnostic instruments

- Demonstrates ability for a high degree of analysis, critical thinking, and independent clinical judgement
- Basic level of skill with Microsoft Word, Excel, and iOS, and Google Suite
- Demonstrate excellence in organizational skills and time management, and the ability to prioritize workloads and meet competing deadlines in a busy environment
- Demonstrate excellence in interpersonal communication, leadership, and be adaptable and open-minded
- Excellent verbal and written skills
- Ability to work collaboratively as a member of a team and interact with senior level staff, medical personnel, community stakeholders, clients, and volunteers
- Willingness to engage in continuous learning and training

### **HOW TO APPLY FOR THIS JOB**

Candidate should send the following, with "Mental Health Therapist" in the subject heading to [HR@mamatotovillage.org](mailto:HR@mamatotovillage.org)

- Current resume/CV
- A writing sample authored by the candidate that serves as an example of the application of a therapeutic intervention
- A cover letter with:
  - Overview of perinatal mental health experience
  - Available start date
  - 2 professional references

### **BENEFITS**

- Generous PTO including sick-leave
- 11 Paid holidays
- HRA for Health and Dependent Care
- Employee Wellness Program
- Professional Development

### **LOAN FORGIVENESS**

The federal government provides student loan forgiveness through its Public Service Loan Forgiveness Program (PSLF) to all qualifying public service employees. Working with Mamatoto Village qualifies you as a public service employee and you may be able to take advantage of this program while working full-time and meeting the program's other requirements.

Please visit the Public Service Loan Forgiveness Program site to view the eligibility requirements: <https://studentaid.ed.gov/sa/repay-loans/forgiveness-cancellation/public-service>