



Mamatoto Village General Scope of Practice: Doula vs MV CBWs/PHWs

	Doula	CBW	PHW
Average Length of Training	16-24 hours	64 hours	300 hours
Intentionally reflexive of the community served		✓	✓
Offers extended perinatal support services from 1st trimester to six months postpartum			✓
Conducts prenatal home visitation	✓	✓	✓
Care coordination and social service navigation			✓
Care management			✓
Assessing psychosocial and health needs		✓	✓
Goal setting and prioritizing of psychosocial and health needs			✓
Required charting & documentation		✓	✓
Antepartum (high-risk) maternal care support	✓*	✓	✓
Provides perinatal health education	✓	✓	✓
Provides parenting education		✓	✓
Provides emotional and social support	✓	✓	✓
Provides education on reproductive rights, informed choice and decision making, and birth planning	✓	✓	✓
Serves as an accountability partner		✓	✓
Labor support	✓	✓	✓
Provides lactation anticipatory guidance and support	✓ [∞]	✓	✓
Conducts postpartum home visitation	✓	✓	✓
Provides postpartum day and/or overnight support	✓ [°]	✓ [^]	✓
Conducts perinatal mood and anxiety (PMADs) screening		✓	✓
Provides wellness coaching		✓	✓
Serves as an advocate	✓	✓	✓
Domestic Violence Advocate*		✓	✓
Administers smoking cessation intervention			✓
Administers advanced maternal and infant assessment tools			✓
Employed within a community based organization or agency (includes clinics)	Δ	✓	✓
May work independently and establish their own practice	✓	✓	

CBW = Community Birth Worker and PHW= Perinatal Health Worker - these are specific designations through training offered exclusively by Mamatoto Village

*If additional training was received to function in this capacity

[∞] Doulas can deliver basic lactation support when they have received lactation training beyond their initial training

[°] If dually trained as a postpartum doula these services can be provided. Birth Doulas alone are not trained to offer these services.

[^]CBW training include the skills necessary to conduct extended postpartum support

Δ Doulas traditionally work independently, however, a small percentage work in community settings

It is important to note that this reflects the standard service delivery for doulas. There are individual doulas with skills that allow them to offer more expanded services.