

Mamatoto Village General Scope of Practice

	Doula	CBW	PFSW	PCHW
Average Length of Training	3 days	1 month	1 month	6 months
Offers extended perinatal support services from 1st trimester to six months postpartum			✓	✓
Conducts Prenatal Home Visitation	✓	✓	✓	✓
Care Coordination and Social Service Navigation			✓	✓
Care Management: Ensuring that the mother is compliant with perinatal care; social service appointments and other health services to facilitate a healthy perinatal experience.			✓	✓
Assessing Psychosocial & Health Needs		✓	✓	✓
Goals Setting and Prioritizing of Psychosocial and Health Needs			✓	✓
Required Charting & Documentation		✓	✓	✓
Antepartum Care Support (if trained)	✓	✓	✓	✓
Provides Perinatal Health Education	✓	✓	✓	✓
Provides Parenting Education	✓	✓	✓	✓
Provides emotional and social support	✓	✓	✓	✓
Provides education on reproductive rights, informed choice and decision making and birth planning	✓	✓		✓
Serves as an Accountability Partner		✓	✓	✓
Labor Support	✓	✓		✓
Provides Lactation Anticipatory Guidance and Support	✓ [∞]	✓	✓	✓
Conducts Postpartum Home Visitation	✓	✓	✓	✓
Provides Postpartum Day and/or Overnight Support	✓ [°]	✓ [^]	✓	✓
Conducts Perinatal Depression Screen		✓	✓	✓
Provides Wellness Coaching (Nutrition, Stress Management, Co-parenting Support, Financial Planning, Budgeting)		✓	✓	✓
Serves as an Advocate	✓	✓	✓	✓
Domestic Violence Advocate*		✓	✓	✓
Administer Smoking Cessation Intervention			✓	✓
Works within an organization or agency			✓	✓
May work independently and establish their own practice	✓	✓		

CBW = Community Birth Worker / PFSW = Perinatal Family Support Worker / PCHW= Perinatal Community Health Worker

*If training received to function in this capacity

[∞] Doulas can deliver basic lactation support when they have received lactation training beyond their initial training

[°] If the doula is trained to work as a postpartum doula these services are provided. Birth Doulas do not generally provide these services.

[^]CBW's generally will provide daytime support if trained.

It is important to note that this reflects the standard service delivery for doulas. There are individual doulas with skills that allow them to offer more expanded services.